

Citric sachets

We supply citric sachets to reduce the risk of vein damage and infections from non-sterile acids like lemon juice and vinegar.

There is far too much citric in each sachet for the average injection:

- Start small
- Add a bit at a time
- Use as little as possible

If your gear does not go clear it's **not** drugs making it cloudy: it's the other stuff that's in there.

Adding too much acid damages veins.

Using vitC instead of citric makes the solution less acidic, and is less harmful to veins.

If you get pain, redness, or swelling at an injection site, talk to your needle exchange or doctor.

citric

CITRIC ACID BP STERILE R

**EXCHANGE
SUPPLIES**

MAKING INJECTING SAFER

Add citric slowly

Use as little as possible

Start small: a whole sachet is far too much for most injections

exchangesupplies.org

citric

CITRIC ACID BP

STERILE R

**EXCHANGE
SUPPLIES**

MAKING INJECTING SAFER